



# MWR Saratoga Springs Newsletter

SEPTEMBER  
2021

Saratoga Springs Monthly Newsletter is a digital publication that highlights MWR programs.



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## TICKETS AVAILABLE NOW AT BOTH TICKETS & TRAVEL AND COMMUNITY RECREATION

Regal & Bow Tie Cinemas - Great Escape, Queensbury NY - Wild Waters White Water Rafting – Legoland, NY  
Disney World Fl- Universal/Island Of Adventure/Volcano Bay & More!



### American Forces Travel<sup>SM</sup>

What are your end of Summer plans?  
Are you planning a Fall Foliage road trip?  
Trying to run away from the snowy Winter?  
Let Armed Forces Travel help!  
Discounts on hotels, car rentals, and flights!  
**[Armedforcestravel.com](http://Armedforcestravel.com)**



### 9/11 Remembrance Run 5K

**Saratoga State Park Columbia Pavilion |  
September 11**

FREE to run - T-shirts will be available for purchase and will cost \$15. Prizes will be awarded to top male and female finishers.

**[MORE INFORMATION & REGISTRATION](#)**



### 2021 MWR Run Series

**“Ice Cream Rundaes 5K” | September 1 - 30**

Run, walk, or bike a 5K anytime this month. Can be done outside or inside on a bike, treadmill, or elliptical. Can be done in a day or spread out within a week. We will end the month with an Ice Cream Social on September 30 from 4-6 p.m. at the Fieldhouse.

**[MORE INFORMATION](#)**



### Fall Equinox Hike

**Shelving Rock Falls | September 22**

Join Liberty for a Fall hike! Easy 6.3 miles doing both Shelving Rock Mt. and Falls trails. Depart Liberty Center at 2 p.m. Bring snacks and water.

**[MORE INFORMATION & TO REGISTER](#)**

## UPCOMING COMMUNITY RECREATION EVENTS - MARK YOUR CALENDAR!

- Family Bowl Night: At the Strike Zone on November 6
- MWR Halloween Fest: At the Fieldhouse on Friday, October 29, 5-7 p.m.

### Go anywhere with MWR Tickets & Travel

#### Full list of tickets available

In addition to the main big attractions like Disney & Universal, MWR offers a variety of other tickets through the states!

[SEE FULL LIST](#)



**2021 Navy Basketball League**  
**COMING SOON | Mid-October/early November.**  
Taking place in our brand-new Fieldhouse at NSA Saratoga Springs. Get your team together and contact Thomas, MWR Fitness Program Manager at 518-884-1581



HELP US MAKE MWR EVEN BETTER! Let us know what programming you would like to see offered by MWR NSA Saratoga Springs by completing one or all the surveys below:

Liberty: <https://www.surveymonkey.com/r/LibertySaratogaSprings>

Tickets & Travel and Community Recreation (TT & CRC): [www.surveymonkey.com/r/CommunityRecSaratogaSprings](http://www.surveymonkey.com/r/CommunityRecSaratogaSprings)

Sports: <https://www.surveymonkey.com/r/SportsSaratogaSprings>

Fitness: <https://www.surveymonkey.com/r/FitnessSaratogaSprings>

Community Recreation Center (CRC) & Playground  
3569 Galway Rd, Ballston Spa, NY 12020  
(518) 885.5138 x1  
Hours: Sunday-Monday: CLOSED  
Tuesday 7a.m. – 5:30 p.m.  
Wednesday-Friday: 8 a.m. - 5 :30p.m.  
Saturday: 7 a.m. – 3:30 p.m.

Ticket & Travel (TT)/Liberty Center  
19 J F King Dr. Saratoga Springs, NY 12866  
(518) 886.0200 x126  
Hours:  
Monday to Friday: 9 a.m. - 4 p.m.

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