



Saratoga Springs Newsletter

Mar.
-
Apr.
2024

Saratoga Springs Bimonthly Newsletter is a digital publication that highlights MWR & CYP programs and events



NavyLifeNSAS.com/Newsletter



NavyLifeNSAS.com

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TICKETS AVAILABLE AT BOTH TICKETS & TRAVEL AND COMMUNITY RECREATION:

LEGOLAND, NY - Disney World FL - Universal/Island Of Adventure/Volcano Bay & More!
Regal & Bow Tie Cinemas –Bowtie in Schenectady, NY will be still accepting them indefinitely.

AMC MOVIE TICKETS: Available at both MWR locations



Liberty March Events for E-1 to E-6

MWR Liberty

Are you looking for something fun to do? Your Liberty March events and activities include: Magic the Gathering, DIY St. Patrick's Day coasters, a butterfly museum, cross country skiing, and more!

[MORE INFORMATION](#)



Shamrock Craft

Community Recreation Center | March 1-15

Stop by the Community Recreation Center and make a shamrock craft with NSF Saratoga Springs MWR Community Recreation. You can drop in beginning Friday, March 1 through Friday, March 15.

[MORE INFORMATION](#)



3v3 Indoor Basketball League

NSF Field House | Every Friday in Mar.-Apr.

Shoot hoops with NSF Saratoga Springs MWR for a 3v3 Indoor Basketball League every Friday of March and April from 6 to 8 p.m. in the NSF Field House. This will be a half court self-regulated league. Sign up through MWR.

[MORE INFORMATION](#)



Lunch and Learn: PRT Prep Class

NPTU Site Gym | March 6

Get ready for PRT with NSF Saratoga Springs MWR at our PRT Prep Class on Wednesday, March 6 from 10:30 to 11:30 a.m. at the NPTU Site Gym. Learn methods and strategies to help you prepare for the upcoming PRT.

[MORE INFORMATION](#)



MWR Information Tour Day

Community Recreation Center | March 8 & 22

Come see what NSF Saratoga Springs MWR has to offer on Friday, March 8 and Friday, March 22 from noon to 2 p.m. Join us at the Community Recreation Center for our MWR Information Tour Day. Enjoy popcorn and a drink while learning all about MWR.

[**MORE INFORMATION**](#)



Build a Terrarium

Community Recreation Center | March 12

Learn how to build a terrarium with NSF Saratoga Springs MWR Community Recreation on Tuesday, March 12 at 2 p.m. inside the Community Recreation Center. The MWR staff will teach you everything you need to know about how to build a great terrarium.

[**MORE INFORMATION**](#)



Play Chess with a Friend

Community Recreation Center | March 16-31

Join NSF Saratoga Springs MWR Community Recreation for a game a chess with a friend. Stop by the Community Recreation Center beginning Saturday, March 16 through Sunday, March 31 and play a game of chess.

[**MORE INFORMATION**](#)



Dodgeball Tournament

NSF Field House | March 22

Play dodgeball with NSF Saratoga Springs MWR on Friday, March 22 from 6 to 8 p.m. in the NSF Field House. This will be a 5v5 dodgeball round robin style tournament. Sign up through MWR.

[**MORE INFORMATION**](#)



Challenge: Average Joe Combine

NSF Field House | March 27

Challenge yourself with NSF Saratoga Springs MWR in the average joe combine on Wednesday, March 27 from noon to 2 p.m. in the NSF Field House. Test yourself in a variety of different combine events from different sports and see how you compare to the pros. Sign up through MWR.

[**MORE INFORMATION**](#)



Springfest

Community Recreation Center | March 29

Experience the vibrant spirit of spring at the NSF Saratoga Springs MWR Spring Carnival on Friday, March 29 from 5 to 7 p.m. Join us at the Field House for carnival games, bounce houses, a face painter, a balloon sculptor, a photo booth, and an egg hunt. Proudly sponsored by USAA.

[MORE INFORMATION](#)



Liberty April Events for E1 to E6

MWR Liberty

Are you looking for something fun to do? Your Liberty April events and activities include: board game night, karaoke, paint and plant, hiking, boxing hall of fame, and more!

[MORE INFORMATION](#)

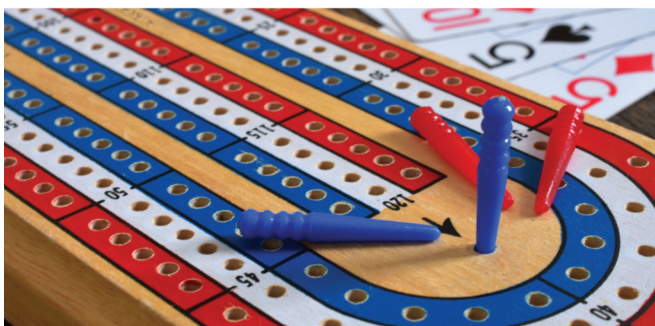


5v5 Indoor Volleyball League

NSF Field House | April 1

Play volleyball with NSF Saratoga Springs MWR on Monday, April 1 from 7 to 8 p.m. at the NSF Field House. This will be a self-regulated 5v5 indoor volleyball league. Sign a full team up through MWR.

[MORE INFORMATION](#)



Play Cribbage with a Friend

Community Recreation Center | April 1-15

Stop by the Community Recreation Center beginning Monday, April 1 through Monday, April 15 and play a game of cribbage with a friend.

[MORE INFORMATION](#)



Spring Summer Rentals

MWR | April 2

Spring and Summer Rentals will be available starting Tuesday, April 2. Come visit us for all your seasonal rental needs!

[MORE INFORMATION](#)



Lunch and Learn: Learn to Foam Roll **NPTU Site Gym | April 3**

Join NSF Saratoga Springs MWR for our Lunch and Learn: Learn to Foam Roll on Wednesday, April 3 from 10:30 to 11:30 a.m. at the NPTU Site Gym. This is a great tool for recovery and correcting movement inefficiencies. Come learn proper techniques and a few advanced techniques using a variety of tools.

[**MORE INFORMATION**](#)



Build Your Own Plant **Community Recreation Center | April 5 & 19**

Celebrate Month of the Military Child with NSF Saratoga Springs MWR Community Recreation. Join us at the Community Recreation Center on Friday, April 5 for our build your own plant event.

[**MORE INFORMATION**](#)



Soap Making **Community Recreation Center | April 23**

Learn how to make soap with NSF Saratoga Springs MWR Community Recreation on Tuesday, April 23 from 2 to 4 p.m. inside the Community Recreation Center. Refreshments will be available and this event is limited to eight people.

[**MORE INFORMATION**](#)




500/1000 Lb Club **Outdoor Conex Box | April 23 & 25**

Join NSF Saratoga Springs MWR for 500/1000 lb. club on Tuesday, April 23 and Thursday, April 25 at the Outdoor Conex Box. Test your max in the squat, bench and deadlift. Prizes awarded to females who reach a total of 500 lbs. and males who reach a total of 1000 lbs.

[**MORE INFORMATION**](#)






FULL STEAM AHEAD!

SCIENCE - TECHNOLOGY - ENGINEERING - ART - MATH

Join us to jump-start early literacy skills for toddlers and preschoolers!

Parents and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their parents.

2nd & 4th Tues. of the month from 4-5pm
Liberty Center 19 J F King Dr. Bldg. 106 Saratoga
518-886-0200 X126



STORAGE LOTS

The outdoor storage lots at NSF Saratoga Springs are open for business!

MONTHLY FEE	
24' and under:	\$40 per month
25' and over:	\$60 per month

ANNUAL FEE	
24' and under:	\$480
25' and over:	\$720

**No minimum length.
 Maximum length is 50' and max width is 8.5'.
 3 month rental minimum.**



VISIT ONLINE FOR DETAILS

Registration for storage is available online at <https://myfr.navyaims.com/navyma/navyma.html>

MWR 19 J F King Dr. Saratoga Springs NY
518-886-0200, ext. 126



VACATION SALE ENDS MARCH 15

SPRING BREAK ADVENTURES



**SAVE BIG AT OVER 30 HOTEL BRANDS WITH MARRIOTT BONVOY
 THROUGH AMERICANFORCESTRAVEL.COM**

**MARRIOTT
BONVOY**

Community Recreation Center (CRC) & Playground
 3569 Galway Rd, Ballston Spa, NY 12020
 (518) 885.5138 x1
 Sunday to Monday, Closed
 Tuesday, 7 a.m. to 5:30 p.m.
 Wednesday to Friday, 8 a.m. to 5:30 p.m.
 Saturday, 7 a.m. to 3:30 p.m.

Tickets & Travel (TT)/Liberty Center
 19 J F King Dr. Saratoga Springs, NY 12866
 (518) 886.0200 x126

Monday to Friday, 9 a.m. to 4 p.m.

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